



Cultivating
Community
Wellness

lcods

One person at a time.

Cultivating Community Wellness is pleased to share that Lambton County Developmental Services is offering Mental Health First Aid training to DS agency employees.



MENTAL HEALTH FIRST AID TRAINING

Dates for virtual classes:

1. March 26th 1-4:30pm & March 27 9-12:30pm OR
2. April 24th 1-4:30pm & April 25 9-12:30pm

Registration Info:

Cost: \$130 per person

To indicate interest [fill out this form](#)

Important Info:

- Pre-work and attendance in the virtual classes is mandatory to participate and receive your certificate
- Participation on camera during the virtual sessions is mandatory to ensure the wellness of all participants during the course.
- There are no refunds on registrations

CONTACT US

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Mental Health
Commission
of Canada

Commission de
la santé mentale
du Canada

**Mental Health
First Aid Canada**

